



## SAMPLE TRAVEL ITINERARIES

### General Comments

- School the World will provide students with filtered water in hotels, during transportation, and in the community. STW water bottles will be provided to each traveler prior to departure.
- Students stay in hotels fully vetted by our local staff.
- Students will be transported in vans operated by drivers regularly used and screened by School the World.
- Travel time between accommodations and the communities varies, but is 45 minutes on average.
- All trips will be accompanied by either a U.S. or local nurse and a medical doctor will be on-call at all times during the trip.

**\*Please note that this is a sample itinerary used to display how a typical trip is run. Times, dates, and activities are subject to change.**

**Please reach out to [Danielle.adams@schooltheworld.org](mailto:Danielle.adams@schooltheworld.org) with any questions.**



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# HONDURAS



## Locations Visiting:

- Nacaome, Valle Department, Honduras
- San Lorenzo, Valle Department, Honduras
- Choluteca, Choluteca Department, Honduras



### Day 1

Travel day and arrival in Comayagua. Group picked up at airport by staff & drivers. Travel two hours to Nacaome and check into hotel.

- 4:30 PM Check into hotel in Nacaome
- 6:30 PM Welcome activity and dinner at hotel

### Day 2

- 8:15 AM Breakfast at hotel
- 9:00 AM Depart for community
- 10:00 PM Welcome Ceremony
- 12:00 PM Lunch
- 1:00 PM Begin service work
- 4:00 PM Depart community
- 7:00 PM Dinner & discussion

### Day 3

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service work
- 10:00 AM Recess with Honduran children
- 11:00 PM Resume service work
- 12:30 PM Lunch
- 1:30 PM Organization of afternoon service work
- 4:30 PM Depart community
- 7:00 PM Dinner & Discussion



### Day 4

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service & shadow visits
- 10:00 AM Recess with Honduran students
- 1:00 PM Lunch
- 2:00 PM Organization of service & shadow visits
- 4:00 PM Depart for hotel
- 7:00 PM Dinner & discussion



### Day 5

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service & teaching in classrooms
- 10:00 AM Recess with Honduran students
- 11:00 AM Organization of service & teaching in classrooms
- 1:00 PM Lunch
- 1:30 PM Organization of afternoon service work
- 4:30 PM Depart for hotel
- 7:30 PM Dinner & discussion



### Day 6

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service work
- 12:30 PM Lunch
- 1:30 PM Organization of afternoon service work
- 4:00 PM Depart for hotel
- 7:00 PM Dinner & Discussion



### Day 7

- 7:15 AM Breakfast at hotel
- 8:00 AM Depart for Dedication Ceremony in Community
- 9:00 AM Dedication Ceremony with local Mayor & Ministry of Education
- 12:00 PM Lunch with community
- 2:00 Soccer game with Honduran students
- 7:00 PM Dinner & Discussion



### Day 8

- 7:00 AM Breakfast at hotel
- 8:00 AM Depart for Choluteca
- 9:00 AM Visit beach
- 12:00 PM Lunch
- 1:00PM Depart for hotel
- 5:30 PM Dinner in San Lorenzo



### Day 9

Depart from Comayagua for flight back home. Parent pick up upon arrival.  
Return home as an official World changer!



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# PANAMA



## Locations Visiting:

- David, Panama
- Veraguas, Panama



### Day 1

Travel day and arrival in David.  
Group picked up at airport by local staff & drivers. Check into hotel.

- 4:30 PM Welcome activity as a group
- 6:30 PM Dinner at local restaurant

### Day 2

- 6:30 AM Depart for community in Veraguas 8:00 AM Breakfast
- 12:00 PM Welcome Ceremony
- 1:30 PM Boxed lunch
- 2:30 PM Begin service work
- 4:30 PM Depart community & check into hotel in Veraguas
- 7:00 PM Dinner & discussion

### Day 3

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service work
- 10:00 AM Recess with Panamanian children
- 11:00 PM Resume service work
- 12:30 PM Lunch
- 1:30 PM Organization of afternoon service work
- 4:30 PM Depart community
- 7:00 PM Dinner & Discussion



### Day 4

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service & shadow visits
- 10:00 AM Recess with Panamanian students
- 11:00 AM Organization of service & shadow visits
- 12:30 PM Lunch
- 1:30 PM Afternoon service work
- 4:00 PM Depart for hotel
- 7:00 PM Dinner & discussion





### Day 5

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service & teaching in classrooms
- 10:00 AM Recess with Panamanian students
- 11:00 AM Organization of service & teaching in classrooms
- 1:00 PM Lunch
- 1:30 PM Organization of afternoon service work
- 4:30 PM Depart for hotel
- 6:00 PM Zumba class
- 7:30 PM Dinner & discussion



### Day 6

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service work
- 12:30 PM Lunch
- 1:30 PM Organization of afternoon service work
- 3:30 PM Soccer game
- 5:00 PM Depart community
- 7:00 PM Dinner & Discussion



### Day 7

- 7:45 AM Breakfast at hotel
- 8:00 AM ReflectionActivity
- 9:30 AM Depart for Dedication Ceremony in Community
- 10:30 AM Dedication Ceremony with local Mayor & Ministry of Education
- 12:30 PM Lunch with community
- 3:30 PM Depart Community
- 7:00 PM Dinner & Discussion



### Day 8

- 6:00 AM Depart for David
- 8:00 AM Breakfast
- 11:00 AM Cultural Activities
- 3:00 PM Check into hotels in David
- 4:30PM Group Activity in David
- 6:30 PM Dinner at local restaurant
- 8:30 PM Final Discussion



### Day 9

Depart from David for flight back home via Panama City! Parent pick up upon arrival.  
Return home as an official World changer!



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# GUATEMALA



## Locations Visiting:

- Santa Cruz del Quiché, Guatemala
- Antigua, Guatemala



### Day 1

Travel day and arrival in Guatemala City. Group picked up at airport by local staff & drivers. Travel to Antigua. and check into hotel.

- 4:30 PM Welcome activity as a group
- 6:30 PM Dinner at local restaurant

### Day 2

- 6:30 AM Depart for community in Quiché
- 8:00 AM Breakfast in Tecpán
- 12:00 PM Welcome Ceremony
- 1:30 PM Boxed lunch
- 2:30 PM Begin service work
- 4:30 PM Depart community & check into hotel in Santa Cruz del Quiché
- 7:00 PM Dinner & discussion

### Day 3

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service work
- 10:00 AM Recess with Guatemalan children
- 11:00 PM Resume service work
- 12:30 PM Lunch
- 1:30 PM Organization of afternoon service work
- 4:30 PM Depart community
- 7:00 PM Dinner & Discussion



### Day 4

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service & shadow visits
- 10:00 AM Recess with Guatemalan students
- 11:00 AM Organization of service & shadow visits
- 12:30 PM Lunch
- 1:30 PM Afternoon service work
- 4:00 PM Depart for hotel
- 7:00 PM Dinner & discussion



### Day 5

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service & teaching in classrooms
- 10:00 AM Recess with Guatemalan students
- 11:00 AM Organization of service & teaching in classrooms
- 1:00 PM Lunch
- 1:30 PM Organization of afternoon service work
- 4:30 PM Depart for hotel
- 6:00 PM Zumba class
- 7:30 PM Dinner & discussion



### Day 6

- 6:15 AM Breakfast at hotel
- 7:00 AM Depart for community
- 8:00 AM Organization of service work
- 12:30 PM Lunch
- 1:30 PM Organization of afternoon service work
- 3:30 PM Soccer game
- 5:00 PM Depart community
- 7:00 PM Dinner & Discussion



### Day 7

- 7:45 AM Breakfast at hotel
- 8:00 AM ReflectionActivity
- 9:30 AM Depart for Dedication Ceremony in Community
- 10:30 AM Dedication Ceremony with local Mayor & Ministry of Education
- 12:30 PM Lunch with community
- 3:30 PM Depart Community
- 7:00 PM Dinner & Discussion



### Day 8

- 6:00 AM Depart for Antigua
- 8:00 AM Breakfast in Tecpán
- 11:00 AM Cultural Activities
- 3:00 PM Check into hotels in Antigua
- 4:30 PM Walk around Antigua
- 6:30 PM Dinner at local restaurant
- 8:30 PM Final Discussion



### Day 9

Depart from Guatemala City for flight back home. Parent pick up upon arrival. Return home as an official World changer!